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## FIRST FEDERAL BANK FINANCIAL SERVICES DIVISION

### CATHERINE MANUEL IS NEW FINANCIAL CONSULTANT

First Federal Bank and Capital Investment Companies announce that Catherine Manuel, a Certified Retirement Plan Consultant, has joined with the Financial Services Division to assist clients in planning to meet their financial goals and objectives.

Ms. Manuel assumed her duties in January. She is a registered representative with Capital Investment Group and has her series 6, 7, 63, 65 and Life and Health insurance licenses. Catherine is a Certified Mutual Fund Consultant (CMFC) and is also a Certified Retirement Plan Consultant (CRPC). She graduated from High Point University with a Bachelor of Science in Business Administration. Her office is located at the Dunn branch on 200 East Cumberland Street.

Catherine stated, "First Federal is dedicated to hands-on client care and that's where sound financial planning begins. I'm enjoying meeting all of the bank clientele and helping them to plan for their future."

First Federal Bank has branch offices in Dunn, Angier, Erwin, Benson, Fuquay-Varina and Clayton. Investment services are available at all locations.

Ms. Manuel has lived in Wilmington, NC since 1995. She has two adult daughters and three granddaughters that live nearby and she enjoys boating and gardening.

#### **About Capital Investment Companies**

Capital Investment Companies is comprised of Capital Investment Brokerage, Inc. and Capital Investment Group, Inc., registered broker/dealers (Members FINRA/SIPC), and their affiliates. Capital Investment Companies ([www.cico.us](http://www.cico.us)) is one of the largest independent financial services and brokerage organizations in the Southeastern United States, headquartered in Raleigh, N.C. The firm offers a wide variety of financial services including: traditional investment brokerage, money management, trust services, no-load mutual fund management, mortgage services, estate planning, insurance services, retirement plans and a community foundation. They offer their services to individuals, corporations, Certified Public Accountants and to the banking community.