

Capital Investment Companies and Sound Bank Introduce New Financial Representative

Gavin Langley to Advise Clients at Sound Bank Branch Locations

RALEIGH, N.C. (October 14, 2013) – [Capital Investment Companies](#), one of the largest independent financial services and brokerage firms in the Southeastern United States, in conjunction with Sound Bank, is introducing Gavin Langley as their new financial advisor for eastern North Carolina. Sound Bank is a community bank headquartered in Morehead City, NC with full service locations in Beaufort, Cedar Point, Morehead City and loan offices in New Bern and Jacksonville.

Mr. Langley, a Rocky Mount native, will provide Sound Bank clients financial guidance and planning for retirement investment and estate planning. He holds his Series 7 and 66 securities licenses and Life and Health Insurance licenses. Mr. Langley graduated from NC State University and is married to Carteret County native Amanda Willis Langley. They have two children: 8-year-old Emily Wade Langley and 6-year-old Willis Langley. They are members of First United Methodist Church in Morehead City where Mr. Langley led a church mission trip to Costa Rica from this past July. He is also a youth soccer and baseball coach, enjoys boating, duck hunting and spending time with his family.

“Gavin is a perfect fit for Sound Bank and their clients because he’s got deep roots in eastern North Carolina and will dedicate his energy to providing the best financial advice possible,” said Richard Bryant, president of Capital Investment Companies.

Founded by a group of local investors, Sound Bank opened its doors in September of 2001. In eleven years, Sound Bank has grown from a start up bank with twelve employees to a thriving community bank with over \$115 million in assets, four locations and thirty-five employees.

About Capital Investment Companies Capital Investment Companies is primarily comprised of Capital Investment Group, Inc., and Capital Investment Brokerage, Inc., (two FINRA/SIPC Members) and Capital Investment Counsel, Inc. (an SEC registered Investment Advisor). Headquartered in Raleigh, N.C., for nearly 30 years, Capital Investment Companies (www.cico.us) has been one of the largest independent financial services firms in the Southeastern United States. With their affiliates and strategic partners, the firm offers a wide variety of financial services to individuals, institutions and the CPA and banking community including: traditional investment brokerage, money management, investment banking, trust services, mortgage services, estate planning, insurance services, retirement plans and a community foundation.

About Sound Bank Sound Bank is a community bank headquartered in Morehead City, NC with full service locations in Beaufort, Cedar Point, Morehead City and loan offices in New Bern and Jacksonville. Additional information about Sound Bank and its services are available at www.soundbanking.com.

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